

TO: All Murrumbidgee Media

DATE: Saturday 28 March 2020

SUBJECT: Coronavirus (COVID-19) – Daily Update

As of 8am on 28 March 2020

There have been a further 3 cases of COVID-19 identified in the Murrumbidgee Local Health District (MLHD), taking the total number of positive COVID-19 results to 23.

COVID-19 in MLHD	
Number of people tested for COVID-19 in MLHD	1,166
Confirmed case in MLHD	23

COVID-19 in MLHD by Local Government Areas (LGA)	
Albury City LGA	6
Cootamundra-Gundagai LGA	1
Federation LGA	5
Greater Hume Shire	2
Griffith City LGA	3
Murrumbidgee Council	2
Wagga Wagga City LGA	4
Total	23

All cases notified were diagnosed after travelling overseas or being in contact with a confirmed case.

Number of COVID-19 cases in MLHD in hospital	1
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MLHD Advises:

The most common symptoms of COVID-19 are fever, sore throat and dry cough. Symptoms will generally appear 3-4 days after exposure to the virus but can be up to 14 days later.

Members of the public are advised to minimise travel, increase personal awareness around hand hygiene and practice social distancing.

MURRUMBIDGEE LOCAL HEALTH DISTRICT

Tel. 02 5943 2009 Mob. 0412 324 122 Email. MLHD-News@health.nsw.gov.au

Anyone who believes they have may have contracted the COVID-19 virus (ie: who are returned travellers, or who have come in contact with a confirmed case and are showing symptoms: fever, sore throat, dry cough and shortness of breath) are advised in the first instance to:

- **Call the free-call coronavirus hotline 1800 022 222** and receive advise on the best course of action depending on your symptoms and risks. Medical staff will direct people to the nearest hospital or respiratory clinic, or advise them to stay home and self-monitor, or contact their GP, or
- **Contact your GP** to arrange an appointment (let GP practice know in advance if you have symptoms) or
- Call the **Murrumbidgee COVID-19 Hotline** on 1800 831 099 for assessment (7.00 am – 11.00 pm)

TIPS to reduce potential for virus transmission
avoiding crowds and mass gatherings
avoiding small gatherings in enclosed spaces
keep a distance of 1.5 metres between themselves and other people
avoiding shaking hands, hugging, or kissing other people
avoiding visiting vulnerable people, such as those in aged care facilities or hospitals.

MLHD and MPHN encourage members of the public who need information to visit the NSW Health website at:

<https://www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx>

The NSW Government announced a \$2.3 billion health boost and economic stimulus package to help tackle the COVID-19 outbreak last week.

NSW Health will receive \$700 million to assist in doubling ICU capacity, preparing for additional COVID-19 testing, purchasing additional ventilators and medical equipment, establishing acute respiratory clinics and bringing forward elective surgeries to private hospitals.

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