

Lend your voice to the co-design of an Alternative to Emergency Department Safe Space in your Wagga Wagga community



What is the co-design of an Alternative to Emergency Department Safe Space?

As part of the **NSW Strategic Framework for Suicide Prevention 2018-2023**, Roses in the Ocean is excited to be leading the co-design of an Alternative to Emergency Department Safe Space within the Wagga Wagga community. The safe space will provide a non-clinical, warm, and welcoming space where people will be supported by Suicide Prevention peer workers and be able to access information and connections in the community. Watch this [webinar](#) for information about this project.

We invite you to join the co-design if you have either:

- A lived experience of suicidal distress and have either attended an Emergency Department in distress, OR chosen not to attend an Emergency Department while experiencing suicidal distress
- A lived experience of supporting someone who has experienced suicidal distress to attend an Emergency Department, OR supported someone who has chosen not to attend an Emergency Department while experiencing suicidal distress

There are multiple ways to contribute to the co-design. The options available are:

Option 1 - Attend ALL Co-design Sessions (held online via Zoom)

Focus Groups: 6th October - 9am-10am, 12pm-1pm, or 3pm-4pm (*attend one of the 1-hour sessions*)

Lived Experience session: 13th October 9am – 1:30pm (*attend the 4.5 hour session*)

Combined session: 1st December 9am-11am (**a limited number of participants will be invited to attend this 2-hour session*)

Feedback loops: 26th October, 16th November, 7th December (Live webinars are 45 mins in length (optional) + survey completion (encouraged))

Please register your interest in attending these sessions by completing this online **Expression of Interest**

EOI closes on 15th September

A Roses in the Ocean team member will call you to discuss the co-design in more detail and help you determine your readiness to be involved. If you require assistance to complete the online form, please call us on 1300 411 461. Please note that we envisage significant interest in this opportunity and the selection into the co-design sessions will be determined by ensuring diversity of lived experience and demographics and those who miss out will be invited to participate through the feedback loops.

The Murrumbidgee local health district has arranged for those who are involved in the **focus group and co-design sessions** to claim 15 hours of paid participation at a rate stipulated by the local health district. This will be paid to you upon completion of the process and you will receive the relevant documentation for this when you are invited to be a part of these sessions.

Option 2 - Feedback loops

You can choose to be involved in the Feedback Loops only, in which you will be able to provide your input via attending live webinars and completing online surveys. **If you are interested in providing your input via feedback loops only, please email: bridget@rosesintheocean.com.au**

